

sense of humor, and his continual love for others. An avid sports fan, Butch enjoyed watching NASCAR races, and cheering for his favorite teams, The San Francisco Giants and The San Jose Sharks.

Butch was born in San Francisco, California in 1961, and met his future wife, Kelly, when they were only ten and eleven years old. In 1985, Butch joined the Santa Cruz Police Department, where he displayed an unwavering commitment to protect and defend the citizens of the City of Santa Cruz. In 1989, Butch earned a Medal of Valor in for his heroic actions following the earthquake. Additionally, Butch earned numerous state and federal law enforcement awards throughout his career.

Butch lost his life in a senseless act of violence, but his legacy will never be forgotten within our community, and throughout the extended law enforcement family. My thoughts are with Sergeant Baker's family, including his wife, Kelly, his daughters, Jillian and Ashley, and his son, Adam.

Mr. Speaker, I rise today to honor the memory of Sergeant Loran Lee "Butch" Baker, and to promise that his life and his legacy will never be forgotten.

#### CELEBRATING SLEEP AWARENESS WEEK

#### HON. MICHAEL M. HONDA

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

*Wednesday, March 13, 2013*

Mr. HONDA. Mr. Speaker, I rise today on behalf of the millions of Americans affected by sleep disorders and insufficient sleep and in observance of National Sleep Awareness Week, which occurred last week from March 3rd through 10th.

Sleep disorders affect every age group from infants to the elderly and are often an indicator of, or a precursor to other major diseases and disorders, in addition to being a public health and safety issue. According to the Institute of Medicine's report entitled "Sleep Disorder and Sleep Deprivation: An Unmet Public Health Problem" (2006), 50–70 million Americans chronically suffer from sleep or circadian disorders, while 15% of the population suffers from sleep-disordered breathing, including obstructive sleep apnea. Chronic sleep disorders include insomnia, REM sleep behavior disorder, narcolepsy and other forms of hypersomnia, and circadian disruptions. These disorders negatively affect sleep duration, increasing risk of obesity, diabetes, hypertension, cardiovascular disease, stroke, depression, and substance abuse.

Sleep disorders and sleep deprivation cost \$150 billion annually in lost productivity and \$48 billion in medical costs related to motor vehicle accidents involving drowsy drivers. Sleep apnea results in excessive daytime somnolence, poor performance, increased frequency of road traffic accidents, and arterial hypertension. Prior to diagnosis, patients with sleep apnea often incur higher costs in their overall health care. If left untreated, obstructive sleep apnea has significant negative impacts on health, including early mortality. Furthermore, as our troops return home from Afghanistan and Iraq, there will be great need for continuing research concerning the link between sleep apnea and Post Traumatic Stress

Disorder. A study including 725 active-duty members of the U.S. Armed Forces found that 85% of them had a sleep disorder. The most common was obstructive sleep apnea (51%), followed by insomnia (25%). Through increased federal commitment we can provide the best care to improve the health of those brave Americans who have served in uniform.

New treatment options, enhanced patient care, and future cures will increase the quality of life and productivity of the workforce. Research funding can also spur local economies through discovery of new technologies that can lead to the creation of new jobs. Federal investment in sleep research at the National Institutes of Health National Center on Sleep Disorders Research, are vital to supporting discoveries in the area of sleep disorders and job creation.

Mr. Speaker, I ask my colleagues to join me in supporting sustained and meaningful improvements in the health and healthcare of the millions of Americans whose health is compromised because of sleep disorders. By increasing awareness of the need for increased research funding, we will be able to continue to examine the links between sleep and health in an effort to improve the health of the population and lower overall healthcare costs.

#### HONORING THE EXEMPLARY LIFE AND CAREER OF SHERIFF MICHAEL McDONALD

#### HON. TIM RYAN

OF OHIO

IN THE HOUSE OF REPRESENTATIVES

*Wednesday, March 13, 2013*

Mr. RYAN of Ohio. Mr. Speaker, I rise today to remember and honor the exemplary life and service of Stark County Sheriff Michael McDonald who sadly passed away on February 22nd, 2013. Sheriff McDonald joined the police force at the young age of 18 and over time proved himself to be an effective and talented officer. He served the county in many capacities over his long and illustrious career, including sheriff, chief deputy and jail administrator. The selfless nature that dedicated public servants like Sheriff McDonald embody is what makes our country great.

Sheriff McDonald was a man who gave himself to his community and the people of Stark County, making the lives of those living in the community safer. His legacy will continue to be felt every day as the people and the department that he cared so deeply about continues to protect and serve.

I would like to extend my deepest and heartfelt sympathies to Sheriff McDonald's family: his wife Judy, his son Bradley; his daughter and son-in-law, Kelly and Gabe Moser; his sisters and brother-in-law, Joanne and James Caplea, Laura McDonald and Mary Lou McDonald; sister-in-law, Kelly McDonald; his father and mother-in-law, Paul and Norma Zwick; his in-laws, Rick and Linda Heithoff, Rose Elmerick and John and Sandy Swigert; and his beloved nieces and nephews. I would also like to extend my sympathies to the Sheriff's second family, the men and women of the Stark County Sheriff's Department. Rest assured that his 32 years of devotion to the people of Stark County will never be forgotten.

#### HONORING DAVID WENDEL'S 25 YEARS OF SERVICE AS A DEACON TO THE CATHOLIC CHURCH

#### HON. DENNIS A. ROSS

OF FLORIDA

IN THE HOUSE OF REPRESENTATIVES

*Wednesday, March 13, 2013*

Mr. ROSS. Mr. Speaker, I rise today to honor the 25 years of service that David Wendel has given to the Catholic Church as a Deacon.

He started as an altar boy at St. Joseph's Catholic Church in Lakeland for Father Bryan Walsh. He continued to serve at St. Joseph's and then also started serving at St. John Neumann Catholic Church in Lakeland in the mid-1980s.

Mr. Wendel became one of the first 500 volunteers to join what is now known as AmeriCorps and assist our country.

His commitment to service led him to believe that if you see a problem, you must get involved in fixing it. He encouraged many members of his family to get involved in their communities. Every Saturday he took his nephew, Brian, to visit the elderly and handicapped which helped create a foundation for service in Brian's life.

Mr. Wendel now serves at a church in Georgia.

I want to thank him for his 25 years of service to our community and country.

#### TRIBUTE TO ANGELA HILBERT

#### HON. TOM LATHAM

OF IOWA

IN THE HOUSE OF REPRESENTATIVES

*Wednesday, March 13, 2013*

Mr. LATHAM. Mr. Speaker, I rise today to congratulate and recognize Angela Hilbert for being named a 2013 Forty Under 40 honoree by the award-winning central Iowa publication, Business Record.

Since 2000, Business Record has undertaken an exhaustive annual review to identify a standout group of young leaders in the Greater Des Moines area who are making an impact in their communities and their careers. Each year, forty up-and-coming community and business leaders under 40 years of age are selected for this prestigious distinction, which is based on a combined criteria of community involvement and success in their chosen career field. The 2013 class of Forty Under 40 honorees join an impressive roster of 560 business leaders and growing.

Angela Hilbert is the Sales and Marketing Director for Deerfield Retirement Community. An Iowa native and graduate of the University of Northern Iowa, Angela always knew she wanted her work to include assisting and influencing those around her. This passion has led Angela to extensive involvement with non-profits in Iowa over the last decade, including the YMCA of Greater Des Moines, the Des Moines Community Playhouse, the Juvenile Diabetes Research Foundation, and the Easter Seals of Iowa, just to name a few. Angela married her high school sweetheart Rob, and together they live in Urbandale with their daughters, Samantha and Emerson. Indicative of her character, Angela is honored to be among the 2013 Class of Forty Under 40 and